

# FREE SPIRIT



July 2025

## FEATURES

**Numerology, Summer Spell,  
Spirit Guides & Workplace Bullying.**

## PLUS

**July Horoscopes  
& Reader Profiles**

**Helena Bonham Carter**  
**Realising that Love  
is the Greatest Miracle.**

**discover your future, release your past**

## Editor's letter

Let's kick off this summer edition by introducing two new readers – Andy and Maggie. Andy is a free-spirited person who does not judge; he is very relaxed and will make you feel at ease during the reading process. Maggie is honest, caring, and patient, listening without judgment. She is a seasoned psychic who can intuit intentions, uncover motivations, and see beyond the obvious into hearts and minds. Why not give them a call?

Vanessa writes on an important topic – workplace bullying. Then, we continue our angel series; this time it is the turn of Archangel Zadkiel, the seventh Ray of Light – coloured violet. We also delve into what we mean by Spirit Guides and the role they play during a psychic reading.

Our cover star Helena needs very little introduction; she's starring in Four Letters of Love – a movie that has it all - signs, destiny, cosmic connections, and miracles!

Chrystalte lets us know what the stars have in store for us during July. In case we need a little bit of extra support, we take a look at a Summer Spell – Hopeful Hearts. And if you fancy dipping your toes into divination, why not start with some Numerology?

Charlotte

## Marketing

**Psychic Light Ltd.** PO Box 435, Sittingbourne, Kent ME9 0WB.

We want to reassure you that we take the processing and handling of your data very seriously. We do not and never will sell your data to a third-party or allow any third-party access to your data for marketing purposes.

If you have opted-in to receive marketing materials from us, we will continue to send to you until such time as you change your preferences or unsubscribe, or we deem a suitable amount of time has passed since you last used our service and consider that you are no longer interested.

We want to ensure that it is as straightforward for you as possible to change your marketing preferences and unsubscribe should you wish to, the quickest way to do that is to email us providing the relevant information to:

[unsubscribe@bureautelecoms.com](mailto:unsubscribe@bureautelecoms.com)

[www.psychiclight.com/privacy-notice/](http://www.psychiclight.com/privacy-notice/)

[www.psychiclight.com/terms-and-conditions/](http://www.psychiclight.com/terms-and-conditions/)

# INSIDE FREE SPIRIT Magazine July 2025



8



12



4



10



6

Helena Bonham-Carter Image: Fred Duval / Shutterstock.com

PAY BY PHONE BILL

**0906 111 0901**

£1.50 per minute plus your phone company's access charge. £32.95 for the first 20 minutes, £1.50 per minute thereafter.

PAY BY CARD

**0800 915 2347**

## Choose a reader to begin your journey

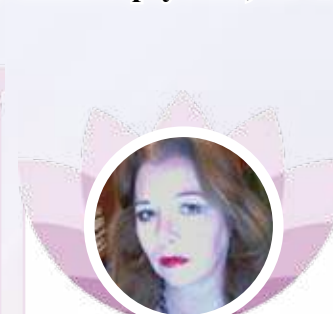
Pick from our many talented psychics, all with different techniques



**PIN: 4444**

*Aelissa*

Aelissa is psychic, clairvoyant, clairaudient, clairsentient and a far seer. Aelissa feels that the reasons and causes; behind issues are clearer, timescales are more accessible, and probable outcomes are identified when using Tarot as a reading tool.



**PIN: 6543**

*Alice*

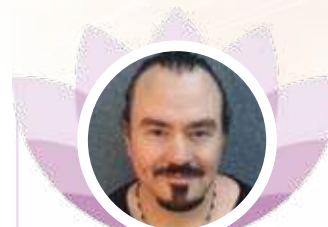
Alice is a highly experienced psychic consultant; she feels her purpose is to offer guidance; to others on their journey. Alice works with Spirit to give heartfelt, profound readings. Alice provides direction on how to find your path to enlightenment.



**PIN: 1010**

*Mavis*

Mavis is a medium clairvoyant and has worked with her gift for 25 years. Through her in-depth readings, she gives guidance and direction, enabling clients to make the right decisions and choices in relationships, business, career, family and more.



**PIN: 3443**

*Robbie*

Robbie is a very positive and powerful trance medium, healer and intuit. A natural psychic since childhood, he works with his Samurai guide Yashubi and Archangel Metatron to connect with your guides for whatever particular worry or concern you may have.



**PIN: 2022**

*Ruth*

Ruth has devoted her life to spiritual development; she feels that continuing change and the ability to adapt are significant in our life journey. Ruth works closely with her angel guides with dedication and sincerity to effect change in the lives of those that call.



**PIN: 2662**

*Sandra*

Sandra has over 29 years of experience in spiritual work; her gift has taken her all over the world. She gets messages from Spirit through thoughts, feelings and visions; she works on your voice vibration, which assists with the connection and answers.

Readings under UK law are deemed to be for entertainment only. Helpline: 0800 156 0580.



## A SUMMER SPELL FOR HOPEFUL HEARTS



As July begins, many of us will be heading to the beach. Whether we are fortunate enough to live near the coast, taking a day trip, or going on holiday in the UK or abroad, for many, the beach is associated with happy carefree times for us and our families.

### **From Sea Glass to Sea Shells**

Whether you are spending time with children or walking on the beach as an adult, there is nothing quite like spotting something beautiful. From a piece of sea glass to a perfectly formed shell, many of us gather things such as small bits of driftwood, shells, and even different coloured sand to take home as mementos.

If this sounds like you, why not take things one step further this summer and turn your beach collection into a craft project? Places like Hobbycraft have plenty of inspiration, from heart-shaped objects to mirrors or even resin paperweight kits that would allow you to decorate something that could be hung up or placed somewhere you frequent in your home. It doesn't need to be large, elaborate, or look

like something made on Blue Peter! Just a little nod to the freedoms the beach and holidays mean to you.

### **Pick-Me-Up**

During any time of the year, if you or your loved ones require a small pick-me-up, simply touch your beach memento to reminisce about your joyful outing. If you ever need additional encouragement, go a step beyond and vocalise your Hopeful Hearts Spell for added support.

### **Spell for Hopeful Hearts**

*"May my wish come true, under the moon's light,  
Bring my family's desires to fruition tonight,  
Blessings upon each and every one of us."*

### **Interpretations**

You might be surprised to learn that many common beach mementos have significant meanings. Of course, where you go will determine what is available – but here are some things to get you started.

- Sand, pebbles, and sea glass all represent the earth. It is worth placing the pebbles and sea glass in the north of your design.
- Feathers, seagrass, and pampas grass represent the air element and would be great in the east of your project.
- Driftwood represents the fire element and should be placed in the south of your keepsake.
- Shells can represent earth and water, and can go in the west and north of your memento.
- Clam and mussel shells represent purification, love, and good fortune.
- Cowrie shells symbolise fertility, prosperity, and luck.
- Cockles signify purity, fertility, and travel.
- Conch shells represent communication and divinity.
- Limpets denote courage, confidence and strength.

*Being mindful of local regulations on collecting shells and natural items from the beach is important. In certain places, it might be against the law to take any natural materials. It's best to only gather what you require and leave the majority for the ecosystem.*



## THE ROLE OF SPIRIT GUIDES IN PSYCHIC READINGS



Spirit guides play a vital role in psychic readings, offering wisdom, protection, and deeper insights into life's questions, letting psychics provide meaningful guidance.

Whether you've had a reading before or are simply curious about the metaphysical world, understanding their influence can bring greater clarity to your spiritual journey.

In this article, we'll explore what spirit guides are and how they shape the messages in a psychic session.

### **What Are Spirit Guides?**

Spirit guides are believed to be unseen helpers that offer wisdom, protection, and support. Some people think of them as ancestors, wise teachers, or even positive energies that guide them through life. While they may not have a physical form, psychics sense their presence and interpret their messages to offer insight and direction.

A common misconception is that only psychics or spiritually gifted individuals have spirit guides. In reality, everyone is supported by these unseen helpers whether they are consciously aware of them or not.

Spirit guides do not interfere with our free will but instead gently nudge us toward growth, healing, and fulfilment. Their presence is often felt in moments of intuition, sudden inspiration, or synchronicities that seem too meaningful to be mere coincidence.

### **How Do Spirit Guides Communicate with Psychics?**

Spirit guides communicate in various ways, including intuition, visions, dreams, and synchronicities. In psychic readings, they may convey messages through symbols, feelings, or even direct words that the psychic interprets. Their purpose is to provide insight and assist individuals in making decisions that align with their highest good.

### **The Role of Spirit Guides During Psychic Readings**

During a psychic reading, the reader often serves as a bridge between the client and their spirit guides. These guides communicate in various ways, depending on the psychic's abilities and the client's openness to receiving messages.

Spirit guides assist psychics in multiple ways to enhance the precision and depth of a reading:

**1. Interpreting Messages from the Spiritual Realm** – Spirit guides serve as translators, assisting psychics to understand and communicate insights in a way that resonates with the seeker.

**2. Offering Deeper Spiritual Insights** – Spirit guides aid psychics uncover hidden facts and offer wisdom that might not be accessible through ordinary means.

**3. Facilitating Communication with Deceased Loved Ones** – In mediumship readings, spirit guides act as a bridge between the medium and spirits, to relay messages from the other side.

**4. Enhancing the Psychic's Intuition** – By strengthening a psychic's natural abilities, spirit guides can deliver more insightful and meaningful readings.

When a psychic works with spirit guides, the reading may feel deeply intuitive and insightful. Clients might hear messages that resonate with their inner thoughts, receive symbolic guidance, or experience a profound sense of clarity.

Spirit guides often provide direction, reassurance, and validation, so clients can navigate their spiritual and personal journeys.

### **Unlock the Wisdom of Spirit Guides with a Psychic Reading**

Are you seeking clarity, reassurance, or direction in your life? A psychic reading with the guidance of spirit guides can provide the insight you need.





# The Benefits of Psychic Readings if You are Experiencing Bullying in the Workplace

Vanessa has taken a short break this month from her holistic series to delve into a topic that frequently arises in her calls – workplace bullying. It appears to be a common theme at the moment and is worth discussing further.

**B**ullying takes many forms, but for the purposes of this article we will define it as the repeated unfavourable treatment of an individual by one or more other people in the workplace, which may be commonly considered to be inappropriate or unreasonable. It encompasses behaviours which set out to degrade or intimidate, offend, or humiliate a worker, perhaps even in front of their co-workers, clients, or customers.

## The Impact of Workplace Bullying

Bullies in the workplace might be senior staff, or co-workers and colleagues; it's not always the most senior staff but can be anyone who has a negative attitude towards an individual. Very often, a bully will act in a manner that is not outside the defined rules or policies of the organisation, and so does not attract immediate censure under any Employment Contract. However, the effect upon morale, both for the target of the bullying and the wider personnel, can be devastating.

There's nothing worse than the feeling of dread you experience when you have to face a situation at work where you feel undermined, intimidated or downright victimised. You psyche yourself up to attend meetings only to be put down in front of your colleagues, or even customers, by someone who takes advantage of their seniority or perceived superiority.



## Recognising Bullying Behaviour

There are very many examples of what would be considered bullying behaviour, but if you are being set up for failure, isolated from opportunities or information that you need to carry out your role, constantly undermined, criticised or

humiliated and blamed without any factual justification, if you are working to unrealistic deadlines or enduring

abuse verbally or receiving aggressive emails or notes, or if somebody is swearing, shouting, or using hostile gestures and stares towards you, all of these things may constitute bullying.

## Dealing with Workplace Bullying Through Psychic Readings

Engaging with your Psychic Reader can be a fantastic way to gain insight into underlying issues in the situation that you face. For instance, although you might feel lessened by the constant pressure of bullying, you might actually hold a much stronger position in the situation than you realise. Bullies are often insecure in their own position, and they try to cover up for this by putting down the people around them who might actually be able to challenge them.

## How a Psychic Reader Can Support You

A good psychic reader will be able to look into the motivation for the bullying, and also to advise you on the best course of action for you to take now, and in the future. They will also be able to work with you to assist you in understanding your own feelings in this, potentially letting you build your self confidence and find a way forward that works for you.

Sometimes this will involve changing your job, but more often it simply means setting healthy boundaries and standing in your own power to prevent the bully from making you a victim of their behaviour. It is a fact that some people do leave a job because of bullying, only for the pattern to repeat across multiple jobs. This is something that a Psychic Reader can shed light upon by looking at why you are open to the repeated abuse.

## Healing Through Psychic Readings

A Psychic Reading with a Reader who is also a Healer will be of particular benefit here, as they will be able to look with you at your energetic profile, so you can see the reasons for and address any imbalances, increasing your resilience and your feelings of strength and wellbeing.

Whatever form the bullying takes, it is always very real and damaging to the recipient. You are not alone here, and at Psychic Light our empathetic and professional Readers are just a phone call away. They will work with you to lighten the load and restore the balance, so you can face the day ahead with joy and not fear in your heart.

## Take Control of Your Workplace Wellbeing with Psychic Light

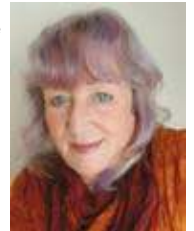
If you are struggling with bullying in the workplace and need guidance, don't hesitate to reach out. At Psychic Light, our compassionate and experienced psychic readers are here to support you.

Call one of our psychics today to gain the insights and strength you need to face your challenges head-on.

Written by Vanessa, PIN: 3900



Vanessa



just breathe

**Legal Disclaimer:** It's very important to draw a distinction here between bullying as we are defining it and harassment, which is clearly defined in law and is illegal. If you believe that you are a victim of harassment because of your age, ethnicity, sexual orientation, your religious beliefs or a disability, the fact that you are pregnant, or the behaviour is related to your marriage status or the fact that you are in a civil partnership, then you should seek specific advice on proceeding with action against the perpetrator/s of the harassment. This article does not seek to offer practical advice on the legal issues surrounding the offence of harassment.





## The Greatest Miracle is Love

The novel 'Four Letters of Love,' published in 1997 by Niall Williams, follows the intertwined lives of Nicholas Coughlan and Isabel Gore. Despite facing various obstacles, they are destined to be together. The book delves into themes such as destiny, faith, and the profound impact of true love. It has been translated into more than 20 languages and sold worldwide.

### The Book's Story

Nicholas Coughlan and Isabel Gore, hailing from different backgrounds, find themselves drawn together through a series of events that challenge them. The narrative contemplates the notion that Nicholas and Isabel's union is preordained, although their journey is far from easy. Faith plays a significant role as the characters navigate their beliefs, often leading them on divergent paths. Exploring the complexities of love, the story showcases its highs and lows along with the decisions individuals must make. The book was renowned for its poetic writing style and insightful exploration of love, destiny, and human experiences.

### From Book to Movie

Now, in a heartfelt adaptation, Niall Williams has written the screenplay, so that the book can

be turned into a film. His literary background may explain the use of voice-over narration in the film, with the characters turning to poetry as a means to express their 'unspoken' innerlives. Beautiful Irish settings, serve as the scenery for a compelling story driven by fate, celestial interference, and occasional wonders.

### Cast & Story

Director Polly Steele initiates her adaptation by introducing the older Nicholas (Fionn O'Shea), reflecting on discovering "the meaning of my life." In 1971, his conventional civil servant father William (Pierce Brosnan) interprets a square of light on a blotting paper pad as a divine sign to pursue painting. William leaves everything behind, including his teenage son, to follow this calling in the beautiful west coast of Ireland.

Steele skillfully weaves between these two story lines that are destined to intersect. On an Irish island, Issy (Ann Skelly) experiences her final day of childhood before departing for a convent school on the mainland. Her parents Margaret (Helena Bonham Carter – our cover star) and Muirish (Gabriel Byrne) prepare emotionally for her departure while a tragic incident involving Issy's brother Sean (Donal Finn) adds to the tension.

The narrative of "Four Letters" primarily follows the lives of Issy and Nicholas separately. Ann Skelly portrays Issy as a vibrant character - eager for life and love. Expelled from school, she finds solace in charming Peadar (Ferdia Walsh Peelo), who also contributes 'Saraphina' to the soundtrack. Meanwhile, Nicholas remains reserved yet resilient through his own hardships and losses.

### Release Date & Trailer

"Four Letters of Love" provides a story rich in signs, destiny, cosmic connections, and miracles where love triumphs over all obstacles it encounters along its path.

In UK cinemas from the 18th July 2025. <https://tinyurl.com/fourlettersoflove>

Images courtesy of: Cornerstone, AX1 Films, Port Pictures, London Town Films, Genius Pictures

## Reader Profile

Andy  
PIN: 3399



Andy lives and was born in North Wales, in an extremely peaceful and tranquil place in the countryside surrounded by a forest and lots of Celtic history. His spiritual connection is the reason why he is able to use his psychic abilities in a very powerful and effective way.

### The Simple Things in Life

Andy loves the simple things in life, which include meditation, walking, gardening, and supporting other people in the local community during times of personal crisis. He also connects with the homeless, giving advice and guidance. Additionally, he assists people who are not able to leave their property due to past trauma and mental health issues. Andy has a love for animals. He is also very easy to talk with; he is calm, listens well with great empathy and compassion. Having worked in mental health for many years, Andy has used his abilities to guide people by giving readings and aiding them in relaxation. He has experience working with both the young and elderly populations as well as individuals from various religions and backgrounds due to his multicultural ties.

### Celtic Gifts

Since his early teens, Andy realised his ability to foresee situations before they happened; as he got older, this gift became more prominent. This ability has run in his family for generations, all of whom share a strong Celtic background. His mother possessed strong psychic abilities regularly experiencing premonitions about future events through dreams.

Andy connects remotely using voice telepathy along with spirit guidance; utilising clairvoyance enables him to connect effectively with clients. Relationship, career and general readings see Andy utilise Angel Cards, crystals and a pendulum. He is able to connect telepathically when these mediums are used in this way. Andy is a free-spirited person who does not judge, he is very relaxed and will make you feel at ease during the reading process.

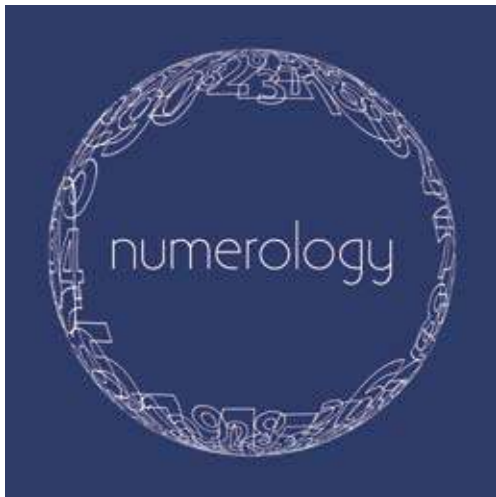
### Changing Perceptions

In a recent reading for a friend whose husband had just passed away; she was advised to go near her garden pond waiting for a sign. She felt her husband's presence, seeing him sitting on their usual garden seat smiling at her by the pond speaking softly saying: "Do not worry my love; I am always here for you now and forever - you are never alone." This encounter deeply touched her, changing her thoughts about afterlife perceptions."

Text a  
Psychic

Pressed for time? Not a problem. It's so easy!  
[www.psychidlight.com/text-readings/](http://www.psychidlight.com/text-readings/)





# 7h3 Ma91c Of Num63r5 (The Magic of Numbers)

**N**umerology is a form of divination, but it also provides someone taking their first steps into the spiritual world with a way to understand the significance of the day and date they were born, their given name, and why the numbers give us a particular energy and meaning.

## Pythagoras

I'm sure you remember groaning at school about why you needed to learn the Pythagorean Theorem. However, it is this Greek mathematician's system that Numerology is based on. He believed that "number is the ruler of forms and ideas, and the cause of gods and demons." In simpler terms, he believed that the universe was governed by numbers. In his devised system, each letter of the alphabet was assigned a number, and each number was given a specific meaning. This allowed anyone to analyse the significance behind a name or number meaningful to them.



## Calculations

Generally speaking, people would analyse a series of letters or numbers. For example, a date of birth or their given name. The number is reduced until a single digit can be revealed. However, there are two exceptions to this rule: if the number is 11 or 22, then it is not reduced any further – these are considered to be Master Numbers and are kept whole. Once a number has been derived, you can refer to the number's meaning.

## Examples

Follow along with our examples, and then you can calculate the numbers for your own personal information.

So, let's assume your name is Samantha:

**S - A - M - A - N - T - H - A**  
 $1 + 1 + 4 + 1 + 5 + 2 + 8 + 1 = 23 - 2 + 3 = 5$   
 Now, let's assume Samantha was born on the  
**1st November 1962:**  
 $1 + 1 + 1 + 1 + 9 + 6 + 2 = 21 - 2 + 1 = 3$

## A Persons Name

A person's given name is considered significant as it is the moniker chosen by their parents. However, while growing up, our family may refer to us by a nickname or pet name, which can also hold importance. Lastly, as we transition into adulthood, we may choose to go by a variation of our name. For example, if our given name is Robert but we prefer to be called Bob, this version of our name can also carry significance.

In numerology, it is typical to work out three things related to a name.

Begin by writing the name down. Then, place all the vowels above the name and all the consonants below it. It's important to note that while 'y' is not always considered a vowel, some numerologists choose to treat it as one for these calculations.

1. In the first step, add up all the vowels and reduce them to a single number. This will give you the **'Heart Number,'** revealing the person's wishes and desires.
2. For step two, sum up all of the consonants and again reduce them to a single number. This results in the **'Expression Number,'** reflecting how the person presents themselves to others.
3. Moving on to step three, add together the Heart Number and Expression Number, then reduce them to a single number to obtain the **'Personality Number'.** This final number describes their characteristics, strengths, and weaknesses comprehensively.



**A A A - 1 + 1 + 1 = 3**

**Heart Number of 3**

**S A M A N T H A**

**S M N T H - 1 + 4 + 5 + 2 + 8 = 20 - 2 + 0 = 2**

**Expression Number of 2**

**Heart (3) + Expression (2) = 5**

**Personality Number of 5**

Many people often compare numbers. At the simplest level, some believe that all odd numbers or all even numbers cause less friction. Others go as far as to analyse all the monikers they use and choose the one that yields the most harmonious results from Numerology calculations.

## Date of Birth

The day, date, and year that a person is born can all hold significance, as they have no control over it and cannot legally change it.

Typically, the birth date is added together and reduced to a single number to provide the Destiny Number, as shown above in the calculations section.

Calculating the day of the week can offer further insights into their personality – which is done in the same way as you might work out a person's name.

## Number Meanings

If this article has piqued your interest in Numerology, then it is worth getting some literature that can provide expanded meanings for all of the numbers. In the meantime, we list some basic details to get you started. Psychic Light also has two introductory articles on Numerology and individual pages on numbers 1 through 9, as well as the Master Numbers 11 and 22. You can read more here:

[www.psychiclight.com/category/numerology/](http://www.psychiclight.com/category/numerology/)

**1** – Opportunity and Beginnings – focused consciousness, willpower and an ability to use personal resources effectively. Creative, independent, original and self-reliant.

**2** – Harmony in relationships and situations, balanced judgment and heightened awareness. Innovative, calm, considerate, social, intuitive and a peacemaker.

**3** – Good communicator, positive with a sunny disposition, able to take thoughts and words into action. Frank, strong, creative, enthusiastic, flexible and dynamic.

**4** – Maintains the Status Quo. Focused will. Thrives with structure. Stable and uses practical thinking. Loyal, solid, tenacious, capable and a faithful friend.

**5** – Epitomises the 5 senses. Mental stimuli are essential. Flexibility and travel make them prosper – the adventurer. Optimistic, passionate, quick to learn and inspiring.

**6** – All round connection. Love for home and others. Strong call to serve others. The idealist and seeker. Honest, careful, tolerant, uses their imagination and intellect.

**7** – Limits, boundaries and endurance – can see the long game, are ahead of their time. Intuitive, mystical and sensitive. Deep-thinking, wise, with an ability to manifest.

**8** – Strongly linked to the material world. Driven to succeed. Financially adept. Business-like, decision makers. Organised, successful, ambitious with high self-esteem.

**9** – Strongly spiritual – connecting the physical, intellectual and mystical worlds. Energetic and charitable. Artistic and brilliant, finds wisdom from one's own truths.

**11** – Master Number 11 is associated with individuals who have a strong sense of idealism, often guided by intuition and possessing psychic gifts. These individuals are known for their unwavering determination to achieve their goals and aspirations. They serve as a source of inspiration to others, encouraging them to reach for higher levels of consciousness and spiritual growth.

**22** – Master Number 22 possess remarkable capabilities and exceptional talents that make them prominent in any group. They are known for their magnetic personalities and a strong desire to bring positive changes to the world. People with this number are perceived as wise and are frequently sought after for guidance by their loved ones. Their versatile gifts enable them to excel in the various endeavours they pursue.







**COLOUR:** Violet **FOCUS:** Transformation of the self, evolution of the spirit - cosmic metamorphosis.

**CHAKRA-CROWN (Sahasrara):** Illustrating the cosmic energy element as a harmonious blend of cosmic consciousness, cosmic awareness, discernment, and comprehension.

We have introduced the Angels of Ray's and featured Archangels Uriel, Gabriel, Jophiel, Raphael, Michael, and Raziel. Now it is the turn of Violet Ray – Archangel Zadkiel.

Archangel Zadkiel possesses the most elevated frequency within the rainbow spectrum. Violet, being the seventh ray, exhibits the shortest wavelength and is known for its rapid pace. This colour serves as a bridge between what is seen and unseen by human eyes, symbolising a pivotal juncture between the tangible and intangible realms. Consequently, violet has long been associated with divine alchemy and the conversion of energy from material form to a higher spiritual essence.

Also referred to as the "Holy One," Archangel Zadkiel embodies mercy and benevolence. He imparts teachings on trusting in God's kindness and compassion. Providing solace during times of distress, he serves as the regent of Jupiter and Thursday. Often depicted holding a dagger, symbolising his intervention to prevent Abraham from sacrificing his son Isaac on Mount Moriah.

**Physical Connections** – Pineal gland, top of the head, crown, brain, and scalp. Reduces internal inflammation and heart palpitations. Supports immune system function. Eases bruises, swellings, black eyes, eye problems, and strain. Soothes irritations, relieves pain and accelerates healing.

**Emotional and Mental Benefits** - Archangel Zadkiel soothes emotional turbulence, assists in emotional healing, overcoming addictions and addictive tendencies, and eliminates emotional barriers.

**Spiritual Connections** - The Seventh Ray encourages creativity, liberates the mind, supports meditation, boosts psychic powers, and nurtures intuition. Facilitates spiritual commitment and significant dream experiences. Utilised for exploring past lives. Facilitates Crown Chakra growth, fosters soul alignment and advancement, and unlocks access to elevated consciousness. Provides psychic shielding. Empowers you to perceive visions clearly.

Discover the profiles of our many readers deeply connected to the Angelic realm at:  
[www.psychiclight.com/psychics/](http://www.psychiclight.com/psychics/)



Ref: The Angel Bible, Hazel Raven

## Reader Profile

# Maggie

**PIN: 9801**



Maggie is honest, caring and patient, and listens without judgement. She is a seasoned psychic who can intuit intentions, uncover motivations, and sees beyond the obvious into hearts and minds. Originally from a tiny town in New Zealand, she spent a great deal of time with her uncle who communicated with animals, and her mother who was a psychic and an empath. Maggie learned about her gifts at an early age, and by the time she was thirteen she had created her own magical space to hold seances for her friends, and was reading palms and sharing messages from "her angels."

Using her psychic gifts, along with a Pegasus Pendulum, Mediumship, The Voyager Tarot, and her ability to communicate to those she refers to as her "friends upstairs," Maggie seeks answers to your specific questions. Whether they relate to romance, family, relationships, work, or any situation in which you find yourself, she will strive to guide you with an open mind and a caring heart.

Maggie is also a certified Hypnotherapist and uncovers the mysteries of former lives with past life regression. From lovers reunited, to a passion for specific careers or interests, Maggie has unlocked the reasons behind certain choices. While she cannot hypnotise via the phone, she can tune in to past lives and garner information. This can uncover answers to confounding questions and offer enlightenment.

Also, an animal communicator, Maggie developed the first Tarot deck for animals. It's aptly named The Pet Owners Tarot Deck. She is the adoring owner of a black Morgan mare, a horse she has had for sixteen years, and when asked by her friends, she will "talk" to the horses at her barn. She currently shares her home with a cat who thinks she's a dog! If you have any questions about your beloved furry companions, Maggie will assist you, so you can understand them and their feelings.

If you are mystified by your dreams, or believe your dreams are trying to send you messages, Maggie will use her unique abilities to uncover the hidden mysteries and information they contain.

You will find Maggie communicative, calm, supportive and empathetic. She understands we all face issues, some confounding and some deeply disturbing. Maggie will listen and offer support, and shed light on confusing and unsettling situations.

If you are on a spiritual journey, or wish to expand your comprehension of the mystical world, Maggie's years of experience and learning will let you open doors, find greater understanding of astral travel, material manifestation, past lives, and messages from beyond.

**Live Psychic  
Chat Readings**

Chat 24 hours a day / 7 days a week.  
[www.psychiclight.com/live-chat-readings/](http://www.psychiclight.com/live-chat-readings/)





# Astrology

With our  
expert:

*Chrystalyte*

Welcome to Free Spirit's in-depth  
horoscopes for July 2025



Aries

Attention turns to revisiting what you thought you wanted to do, but maybe didn't get around to. Neptune turning retrograde in Aries describes both a new start and a step back. So maybe you thought you knew the right path, but something changes the game or the direction of the route. A relationship may hit an iceberg around the 23rd, but the situation can be saved if you're willing to hear someone out and find a solution that works for all. Feeling fed up is a signal to change direction.



Taurus

Expect the unexpected in a relationship scenario, but know that something is being shaken up for a good reason. Out with the old and in with the new is the key, even if it's just about changing habits! Making alterations can get you or someone close to you out of a rut. Remember that variety is the spice of life and doing new things or being with a variety of people socially can do a lot to bring greater meaning and satisfaction. Life keeps you moving; all to the good!



Gemini

It could feel like a month of two halves as Mercury goes retrograde in Leo around the 18th, slowing down the pace with anything that has felt dramatic. Creativity may seem a little dampened temporarily, but give it time. It may even be you have to divert from one issue to another, a little like jumping from the frying pan to the fire, to manage a flare up. A great Gemini super power is in being adaptable, which will stand you in good stead! Let others grab the reins occasionally.



Libra

Venus with Uranus urges changes in your love realm, including making things a bit more interesting in the bedroom department, potentially! If there's a change afoot, it's happening for a good reason, and new life is on the way. As Venus enters Gemini on the 4th, it's helpful to remember that you do have choices. That life is not a one way street. And that you can vary activities, and the people you keep company with. In business, you may well have two or more projects on the go soon.



Scorpio

If someone seems to be backtracking, it may be for the best, so allow things to unfold naturally. You also have some sort of get out clause available for something that feels uncomfortable. Don't ignore instincts that tell you when a situation is past its best. Sometimes you just have to observe deadwood and other times, actually root it out to create new growth; your strong instincts will help you decide what seems most appropriate! The Leo New Moon and Mercury/Pluto connections across the 24th-25th press on a rebalance button.



Sagittarius

Sometimes, what matters most is when it's a case of all quiet on the front, whatever direction that might be! July could be that way for you, as there's so little general planetary activity linked with Jupiter in Cancer. But that doesn't mean it will be a month without surprises. They just might be happening more to other people or in the background. Meanwhile, make the most of any opportunities to push home an advantage, whenever it seems that you're tuning into the famous 'every dog has its day' vibe!



Cancer

Life gets easier when you remember that there is more than one way that assistance can appear in your life. Whether through other people or something more abstract, an unexpected source could resolve a problem even when you think it's initially showing up as trouble of its own! The Sun's move into Leo on the 22nd builds confidence, reminding you to take steps to put your talents into action. A better family or group situation can build from month's end once Venus enters Cancer. A karma healing opportunity also appears.



Leo

As Mercury, planet of thought and communication, changes direction in Leo just after mid-month, it's going to be important to allow time to go over bigger plans and decide what still makes sense. There will be situations in which it helps to stand back, rather than make a fuss, even if you'd normally prefer to say something or take clear action. The latter will be easier from around the 22nd, once the Sun enters Leo and stronger inspirations and creative impulses become evident. Meanwhile, consider other's opinions as useful resources.



Virgo

With Uranus entering Gemini July 7th, you may feel impact since that's sign sharing rulership by Mercury, Virgo's planet. Be ready for your world to be shaken up in some way, but probably for the better, even if it feels a bit too fresh and raw at the time! Sometimes we need a reset, which could be just the energy boost you benefit from. When Mercury goes retrograde in Leo on the 18th, it's time to slow down and do what you need to settle your nervous system and reconsider plans.



Capricorn

A natural flow to some situations doesn't mean they are all comfortable. Saturn and Neptune linked with Venus say to separate the rough from the smooth and find your own comfort zone! There may be unexpected benefits to hanging in with a relationship scenario, especially where you have had a rough ride. Longevity can bring wisdom which supports across any niggling ups and downs. When Saturn goes retrograde on the 13th, a moment of calm could come through works temporarily stalling. Make the most of any chance to review matters!



Aquarius

You're likely to have proof soon that life isn't static, and any difficult situation has the potential for positive change. Uranus linked with Venus around July 4th could mean fireworks in a relationship, but maybe necessary to bring a bit more excitement and shake off any stagnancy! The biggest news is Uranus heading into Gemini on the 7th, really setting the cat among the pigeons. What you see, hear or express can represent a significant move forward. If someone around is distant, welcome room to breathe and assess your connections.



Pisces

July 4th's overall planetary picture includes Neptune going retrograde in Aries, which might provide some buffering as Uranus and Venus bring dynamic changes! It's a bit like someone turns an energy tap off, which could prevent a fiery situation getting dangerous. Even though, it could be time to revisit plans, ideas and visualisations to get a different view of your future path and options. Pisces is a more practical sign than people realise, once any need for planting your feet firmly on the ground becomes clear – like now!





## Discover Your Future, Release Your Past

Insightful Readings with Sincere Psychics and Mediums

You want the **best quality readings possible** and our psychics and mediums offer just that!

Do you need answers to life's burning questions? Do you need to know where your relationship is going?  
Do you seek to communicate with a loved one in Spirit?



**CARD PAYMENT**  
**0800 915 2347**

**£32.95 for  
20 minutes**



**PRE-PAY MINUTES**

**psychiclight.com/  
pre-pay-minutes/**

**Offers Best Value**

20 minutes costs only £30  
10% free minutes available  
Top up & call 24/7



**PAY BY PHONE BILL**  
**0906 111 0901**

**£1.50 per  
minute**

One to one readings with sensitive, highly gifted mediums and psychics

**For Love & Relationships call**

**0906 111 0902**

£1.50 per minute

**For Amazing Mediums call**

**0906 111 0903**

£1.50 per minute

**Psychic Email Readings**

**psychiclight.com/email-readings/**

Ask 3 specific questions. £39.95  
Detailed written answer within 72 hours.

Relationships Business Couples Bereavement Family Sexuality Wellbeing Divorce

**www.psychiclight.com**